

# FSI Summer Institute 2016

## *SRL as a Framework for Creating Inclusive Contexts for Diverse Learners*

*With*



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UBC/Richmond  
School District

Day Three: August 24, 2016

# Themes For Today

| MONDAY                                  | TUESDAY  | WEDNESDAY  |
|---|--|--|
| What is SRL in the context of learning? | Creating inclusive environments that enable learning |  |
| Empowering Learners                     | SRL and Inclusion                                    |  |

PLUS Personalized Learning

Each day you will have a chance to think about these topics in light of the questions *you* are bringing to the table

# Themes For Today

| MONDAY                                  | TUESDAY  | WEDNESDAY                                      |
|---|--|--|
| What is SRL in the context of learning? | Creating inclusive environments that enable learning | SRL Promoting Practices:<br>Unpacking examples |
| Empowering Learners                     | SRL and Inclusion                                    | Working together to foster SRL                 |

PLUS Personalized Learning

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# How Can Classroom Practices Empower SRL?

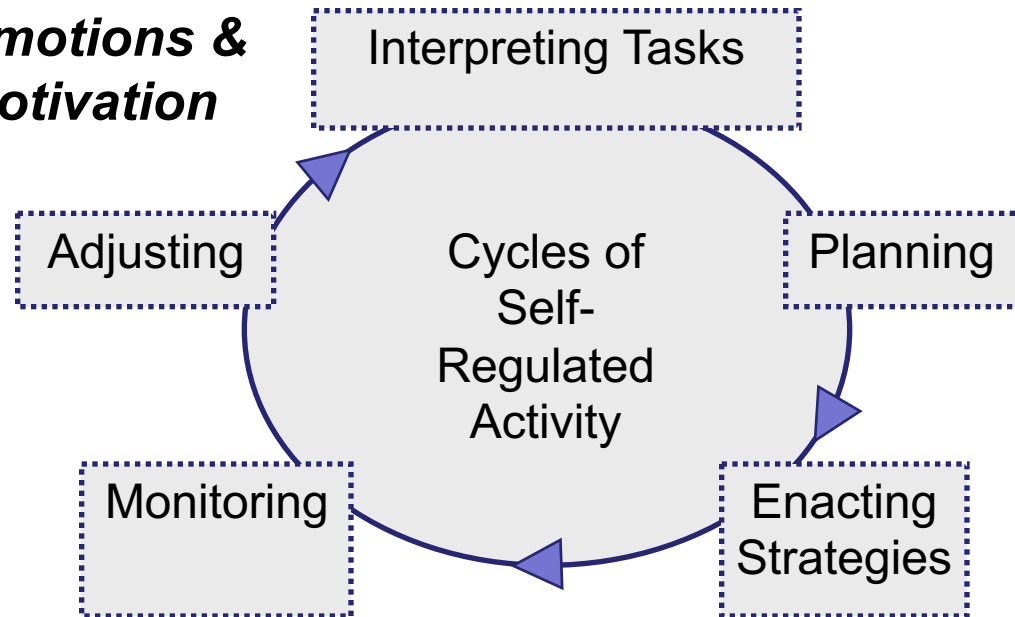


How can we design activities and supports to foster active learning and SRL?

Overall Classroom Environment  
Activities ... Supports ... Assessment/Feedback

**Emotions & Motivation**

History,  
Strengths,  
Challenges,  
Metacognition,  
Knowledge,  
Beliefs,  
Agency



# Activities & Supports for SRL

## Three Big Ideas

Create *opportunities* for SRL

Integrate supports for SRL  
*into activities*

Engage students in full  
cycles of *strategic action*



# Create Opportunities for SRL

How can students learn how to self-regulate learning if they never have opportunities to ...

*stretch their thinking and learning?*

*face challenges that require problem-solving?*

*“plan” resources or time to accomplish activities?*

*make decisions about where or how to work?*

*monitor progress and then fix mistakes?*

*select, adapt, or even invent strategies based on their strengths/needs?*



# Weaving Supports for SRL into Activities



*SRL is a way of working through activities, in order to learn, not a stand alone goal*

# Empowering Learners

*When creating supports for SRL, it can help to ask yourself, “What can I do to help learners learn how to engage in this activity in the future, when I’m not here to guide them?”*

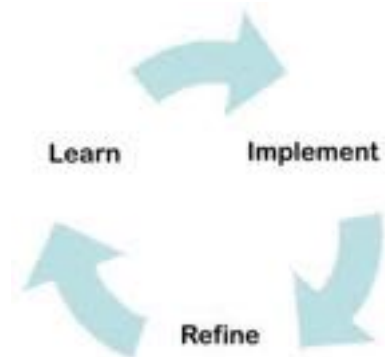
Butler, Schnellert, & Perry (2016), Chapter 8

# Engage Students in Full Cycles of Strategic Action

How can students self-regulate performance if they don't know what they are trying to do?



How can students learn to learn adaptively if they don't have opportunities to try things, see what happens, and make changes?



# Inspirational Example

The Animal  
Adaptations  
Inquiry Project



# What SRL-Promoting Practices Do You See in the Following Example?



Dave Dunnigan  
(Coquitlam School  
District)

He co-constructed  
performance criteria for an  
inquiry project with his  
grade 6/7 students

Then supported them to  
build from those criteria to  
self-regulate their learning

NOVEMBER 3, 2013

SCIENCE 6/7

|  |   |  |  |
|--|---|--|--|
| <br>WEIRD AND<br>WONDERFUL<br>ADAPTATIONS | <br>SURVIVING IN<br>EXTREME<br>ENVIRONMENTS | <br>BIOLOGICAL<br>BEHAVIOURS FOR<br>SURVIVAL | <br>HIDING IN PLAIN<br>SIGHT |
|--|---|--|--|

## ANIMAL ADAPTATIONS INQUIRY



Welcome... to the  
amazing world of adaptations!

Living things are all adapted to surviving in the habitat and environment in which they live. These adaptations could be physical: body or plant parts, skin, fur, limbs, claws, thorns etc. They could also be behavioural: the ways in which the animal has learned to behave in order to survive. Your task: to choose one of the titles above to prepare a presentation to your peers on the science of biological adaptation.

Don't forget that plants are also adapted to survive in their environments - you don't need to report only on animals!

## How To Present Your Learning

You have a choice as to how your learning is presented to your classmates. You may use a slideshow with explanations, PowerPoint, poster or poster-board with pictures, or another method you think will work: let your teacher know.

## Timeline for Completion

- Research completed and pictures printed by
- 

- Rough draft of text due by
- 

- Final copy typed or printed by
- 

- Presentation ready by
- 

## Criteria for Success

As a group we brainstormed the following criteria for a successful project:

### 1. Information:

- should have some depth and detail to explain the adaptation, beyond a 'one-liner'. You should have 7-10 examples.
- should have variety and originality. Something that surprises us in some way, a unique adaptation or creature.
- Visuals present the animal and adaptation in a clear way, which may be in colour where necessary and effective.

### 2. Presentation:

- Is engaging to the audience
- In words the presenters and audience understand, clearly stated
- Organized to make it easy for the audience to follow.

Your project must include the following: the "Givens"



Key visuals



Several examples



Organized in a way that makes sense



Your name(s)

# Animal Adaptations Inquiry Project: Co-Constructed Criteria

Names: \_\_\_\_\_ Topic: \_\_\_\_\_

**PLO: analyze how different organisms adapt to their environments**

|                                | <b>Fully Meeting Expectations/Exceeding Expectations</b>  | <b>Meeting</b>  | <b>Minimally Meeting</b>  | <b>Approaching</b>   |
|--------------------------------|---|---|---|--|
| <b>Analysis of adaptations</b> | <ul style="list-style-type: none"> <li>7-10 Adaptations identified and analyzed in a way that shows deep understanding of how the adaptation helps the organism survive</li> </ul>  | <ul style="list-style-type: none"> <li>7-10 adaptations identified and analyzed in a clear way connected to the survival of the organism</li> </ul> | <ul style="list-style-type: none"> <li>7-10 adaptations with some analysis and connection to survival.</li> </ul>                         | <ul style="list-style-type: none"> <li>Fewer than 7 organisms, may have difficulty identifying and connecting adaptations to survival</li> </ul> |
| <b>Visual Impact</b>           | <ul style="list-style-type: none"> <li>Visuals present the adaptation in a powerful way that adds to the analysis</li> </ul>  | <ul style="list-style-type: none"> <li>Visuals are clear and connected to the analysis</li> </ul>   | <ul style="list-style-type: none"> <li>Visuals connect to the analysis in most cases</li> </ul>   | <ul style="list-style-type: none"> <li>Visuals reflect the organism, may not be clear how they connect to analysis</li> </ul>                    |
| <b>Engaging presentation</b>   | <ul style="list-style-type: none"> <li>Engages audience throughout presentation; may use props, humour, and other effective presentation techniques to maintain interest</li> </ul> | <ul style="list-style-type: none"> <li>Engages audience through most of presentation, uses presentation techniques to maintain interest</li> </ul>  | <ul style="list-style-type: none"> <li>Generally engaging, attempts to use presentation techniques to engage with some success</li> </ul> | <ul style="list-style-type: none"> <li>Some attempt to engage audience, effective in part</li> </ul>   |

# Small Group Activity

Consider the Animal Adaptations  
Inquiry Project

What opportunities for SRL are  
created in this project? How?

How did Dave weave supports  
for SRL through the activity?

How were students engaged in  
“cycles of strategic action”?

In what ways could this activity  
empower diverse learners?



# Refresh Your Brain!



# SRL Promoting Practices ...

## Providing structure

- Tasks/Activities
- Clear expectations & instructions
- Visual prompts
- Familiar routines and participation structures

## Giving students influence

- Choices, involvement in decision making
- Control over challenge
- Self-reflection, self-assessment

## Supporting, scaffolding, co-regulating

- Teacher support
- Peer support
- \* Lots of metacognitive language

## Modeling

Creating a community of learners—group cohesion

Accommodating individual differences



# SRL Promoting Practices

What strikes you about these kinds of practices?

How do they connect with ideas we've been talking about so far?

What are you already doing?

Any new take away ideas?



# Make Tasks Complex by Design

Address multiple goals across subject and skill areas

Engage students in meaningful work

Require students to think metacognitively and behave strategically

Allow for differentiation

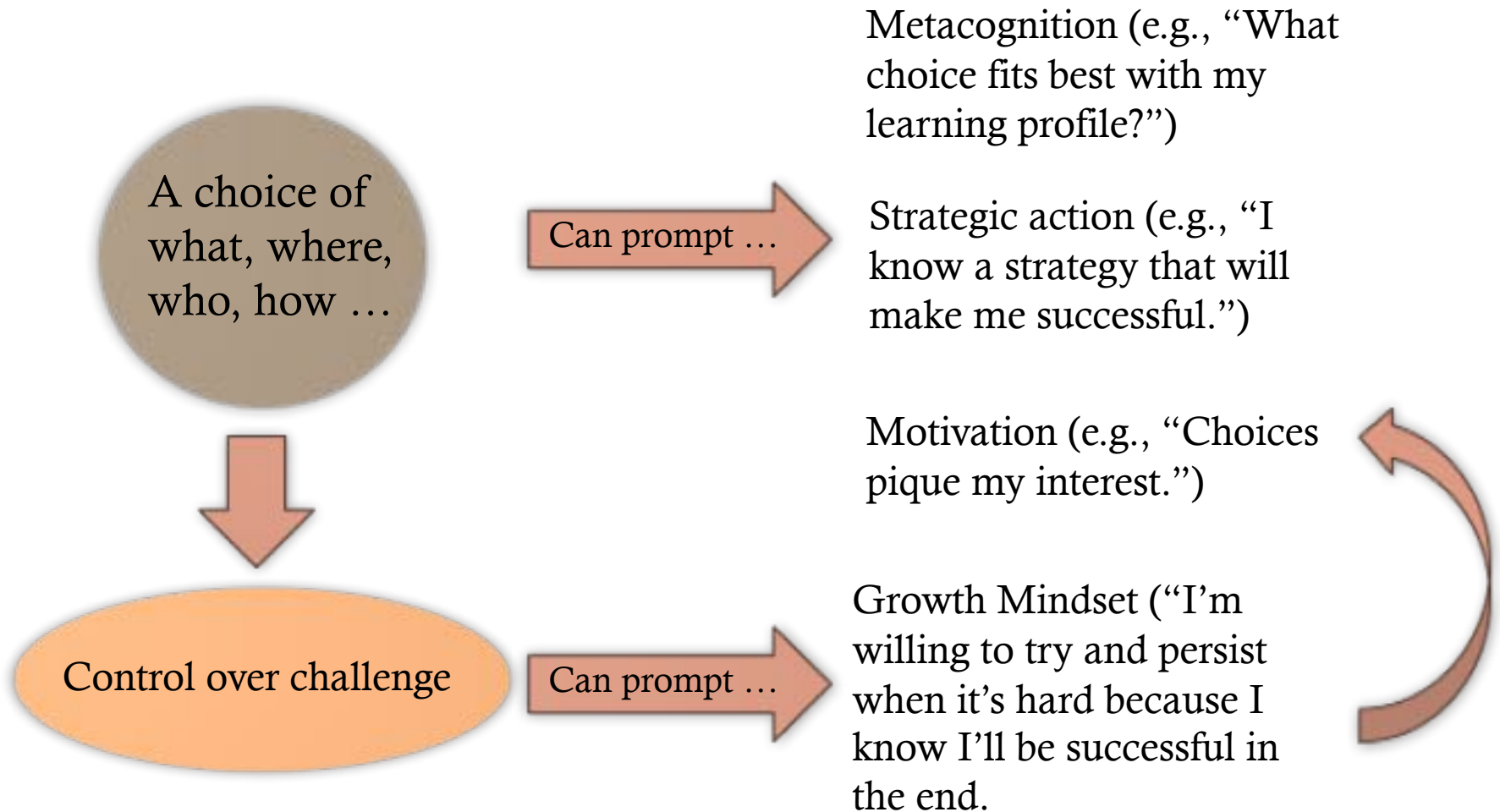
Different ways to participate

Different ways to demonstrate learning



} Different  
interests  
and  
abilities

# The Power of Choice



# Inspirational Example

The Bog



# Study of Burns Bog

Grade 2/3 in Delta, BC

Goals for students ...

- developing skills for scientific inquiry
- learning about a natural eco-system
- including how plants and animals (even humans, particularly indigenous people) have benefitted from the bog



Began with an “essential question”:  
“Why is the bog important?”

Included 4 trips to the bog

- Went on a wonder walk in the fall to generate questions
- Observed changes in the bog from fall to winter
- Investigated ecosystems in the spring
- Did art in the style of Emily Carr

# Children's Questions

- Do new animal species come to the bog?
- Are there plants in the bog that don't exist anywhere else?
- What does the bog's food chain look like?
- Why is the bog water orange?
- Is the water the same all over the bog?



# Linked to Science: Food Systems



## Linked to Geography



# Linked to Math

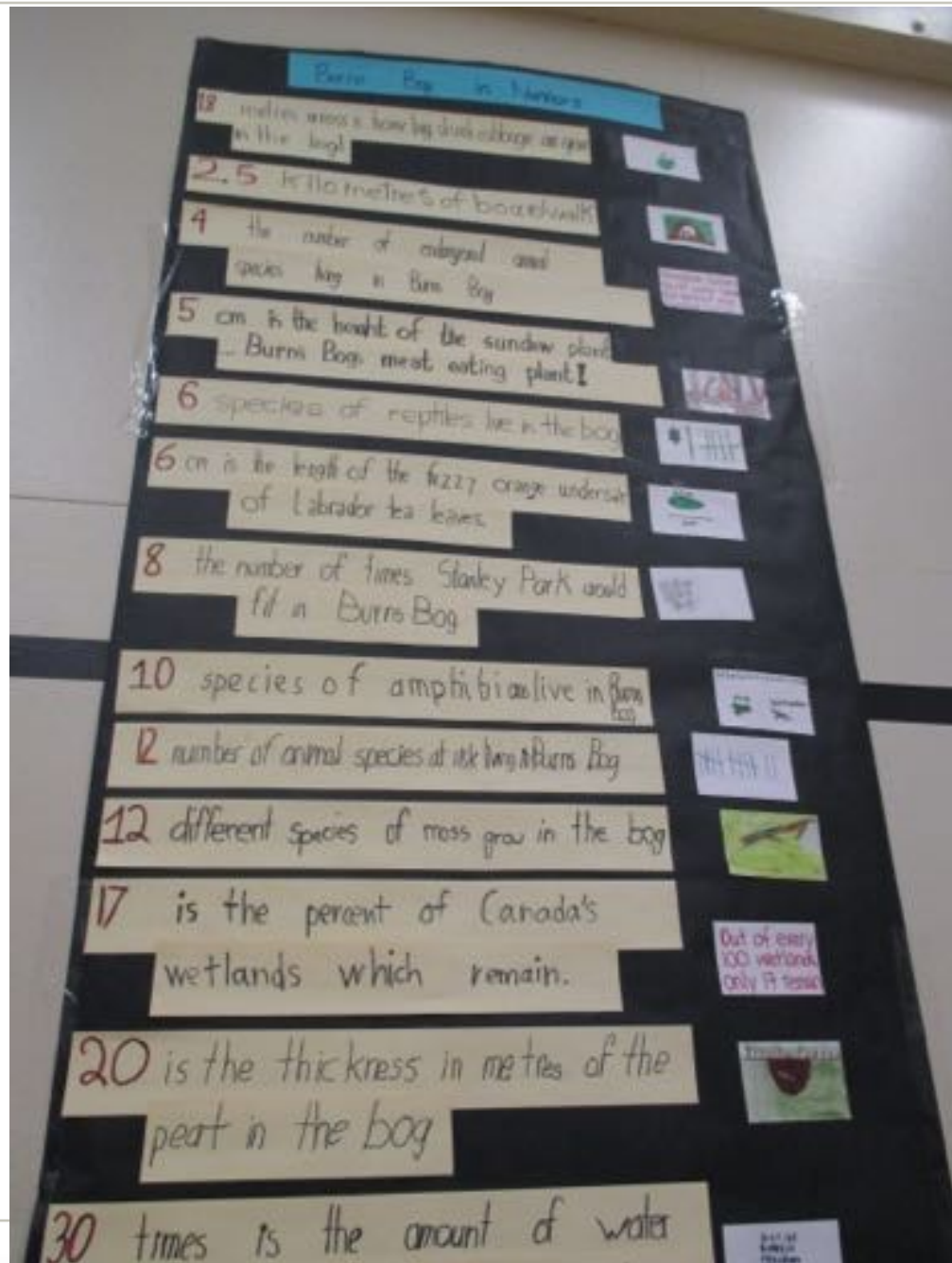
2.5 km of boardwalk

5 cm = the height of  
the sundew plant ...

Burns Bog meat  
eating plant

8 = the number of  
times Stanley Park  
will fit in Burns Bog

20 m = the thickness  
of the bog

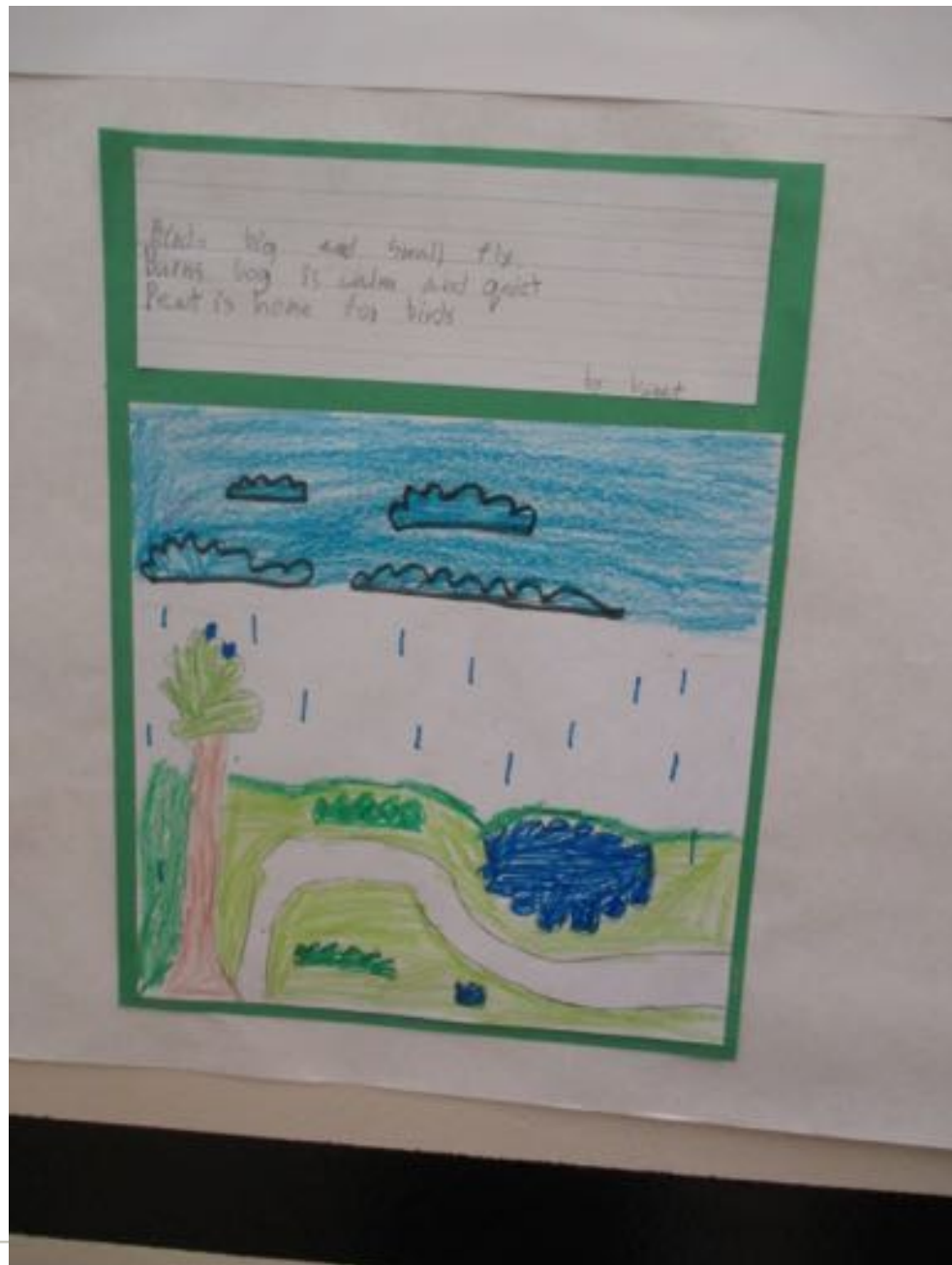


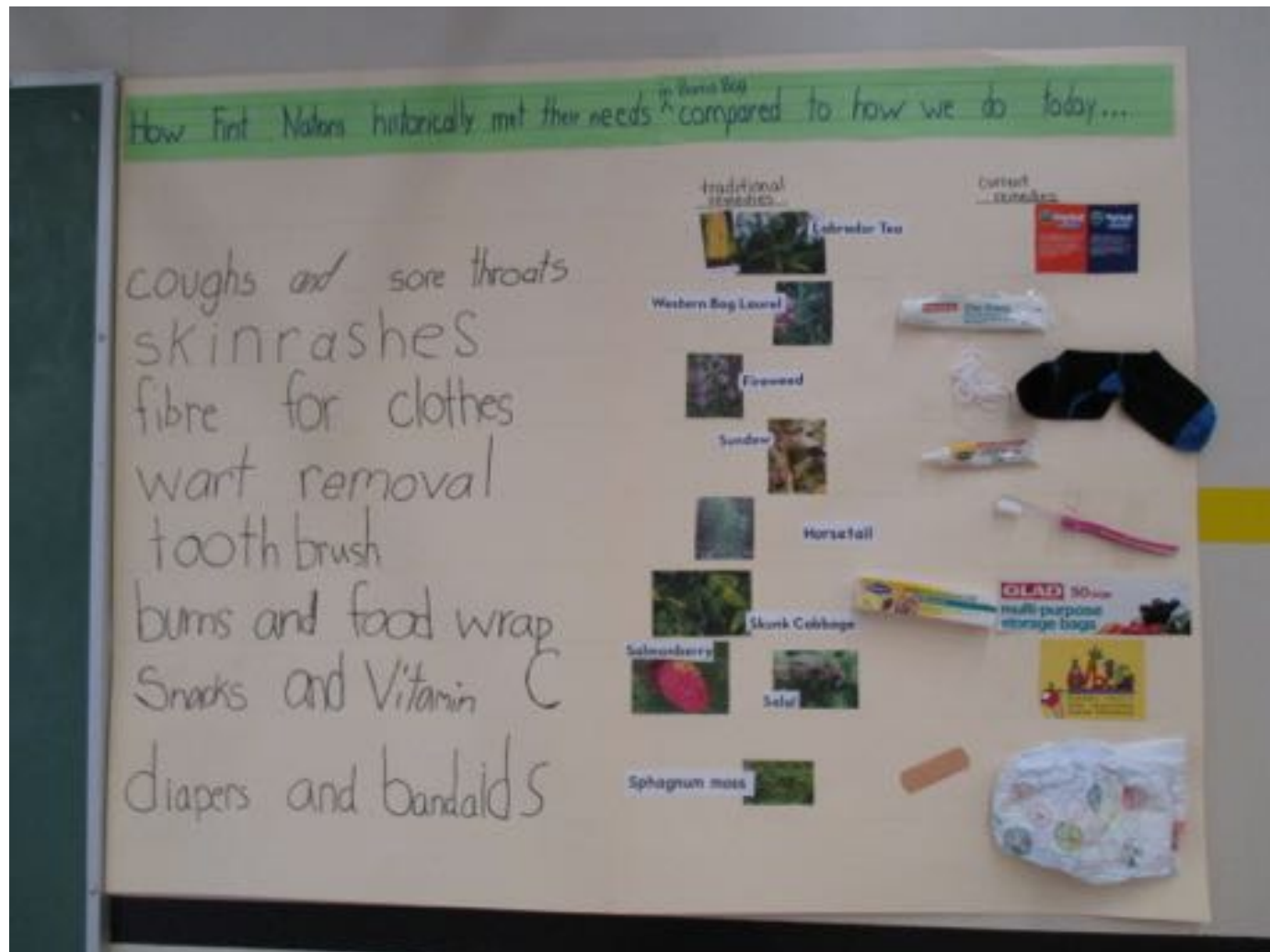
## Linked to Art



Linked to Literacy:  
Writing Haiku

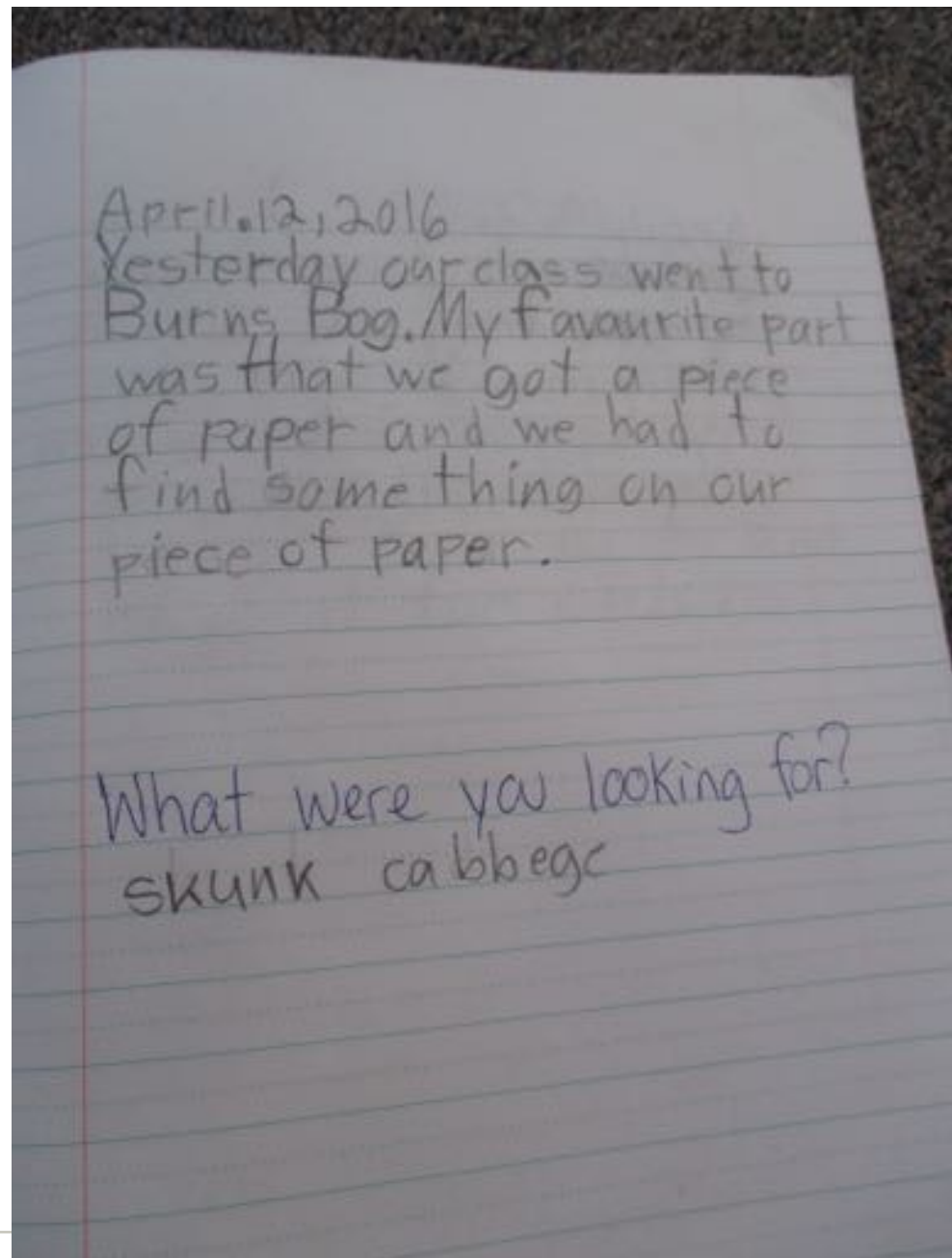
Birds big and small fly  
Burns Bog is calm and quiet  
Peat is home for birds





Individual inquiry: How did First Nations historically meet their needs in Burns Bog compared to how we do today?

And they reflected  
on what they were  
learning regularly  
throughout the year.



# Small Group Activity

Consider the Bog project

What opportunities for rich forms of thinking/learning, including SRL, are created in this project? How?

How were supports for SRL woven through the activity?



# How does this task support motivation and SRL?

- Multiple goals
- Meaningful
- Extended over time
- Varied processes
- Varied products
- Choice
- Control over challenge
- Self-assessment
- Teacher and peer support



Complex Task

Autonomy

Success!

# Break 30 Minutes



# Supporting Inclusion through SRL

- Designing NOT Retrofitting
  - Response to Intervention (RTI)
  - Planning Pyramid
  - Phases of a Lesson
  - Universal Design for Learning (UDL)
  - Self Regulation for Learning (SRL)



# RTI

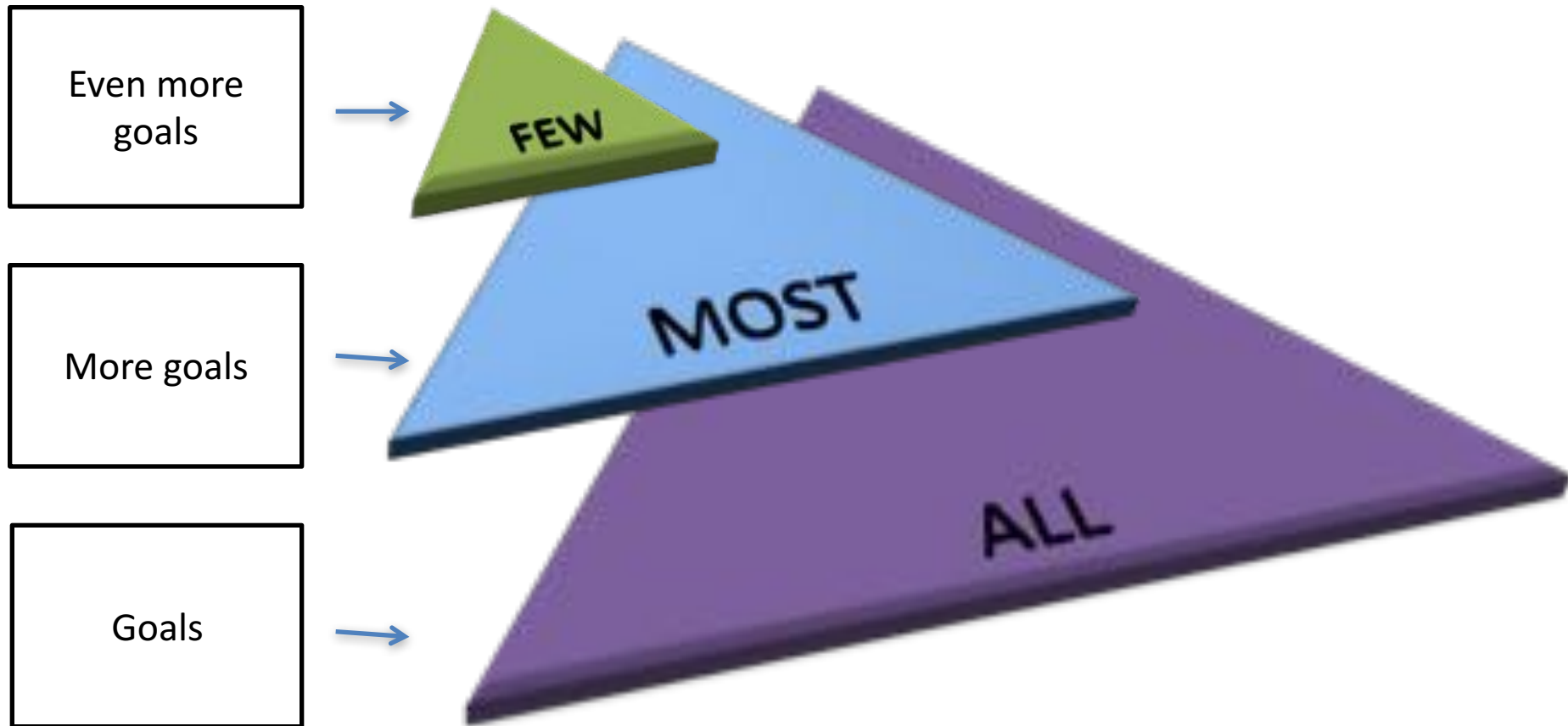


Students who  
need the most  
support



Students who  
need the most  
challenge

# Planning Pyramid



# Planning Pyramid

Even more goals



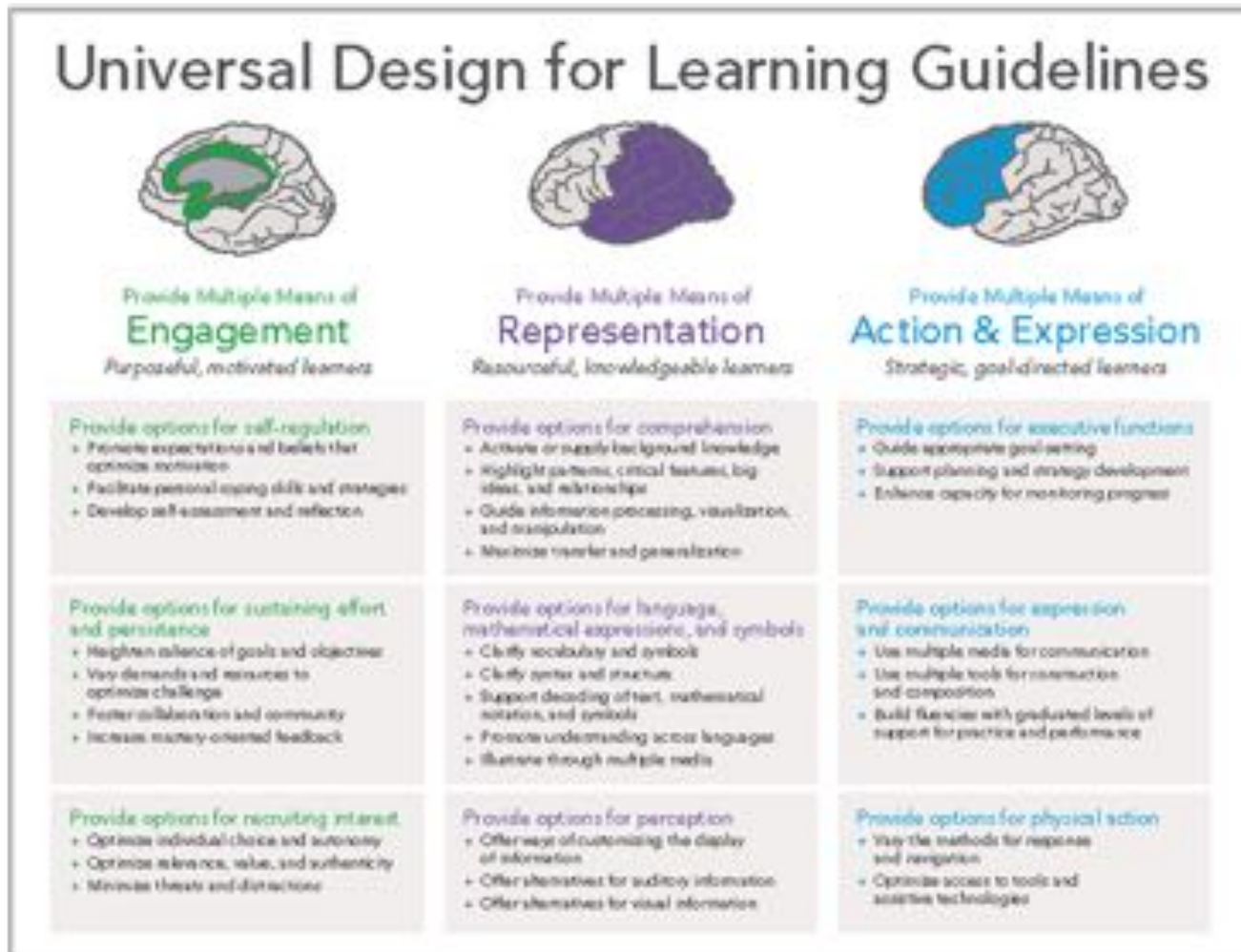
More goals



Goals



# UDL: Multiple means of: *engagement*, *representation*, *expression*



# UDL: Designed for SOME Available to ALL



# UDL: Designed for SOME Available to ALL



# Phases of a Lesson

- **Connecting:** Connecting to old information
  - Prior knowledge
  - Personal experience
  - Engagement/ interests
- **Processing:** Presenting the information/ Teaching new information
  - Multiple formats
  - Organizing information (graphic organizers)
  - Information going in/ understanding it
- **Transforming & Personalizing:** Students showing what they know/ assessment
  - Oral, visual, written
  - Information going out
  - Showing what you know
  - Making it personally meaningful

# SRL

*When creating supports for SRL, it can help to ask yourself, “What can I do to help learners learn how to engage in this activity in the future, when I’m not here to guide them?”*

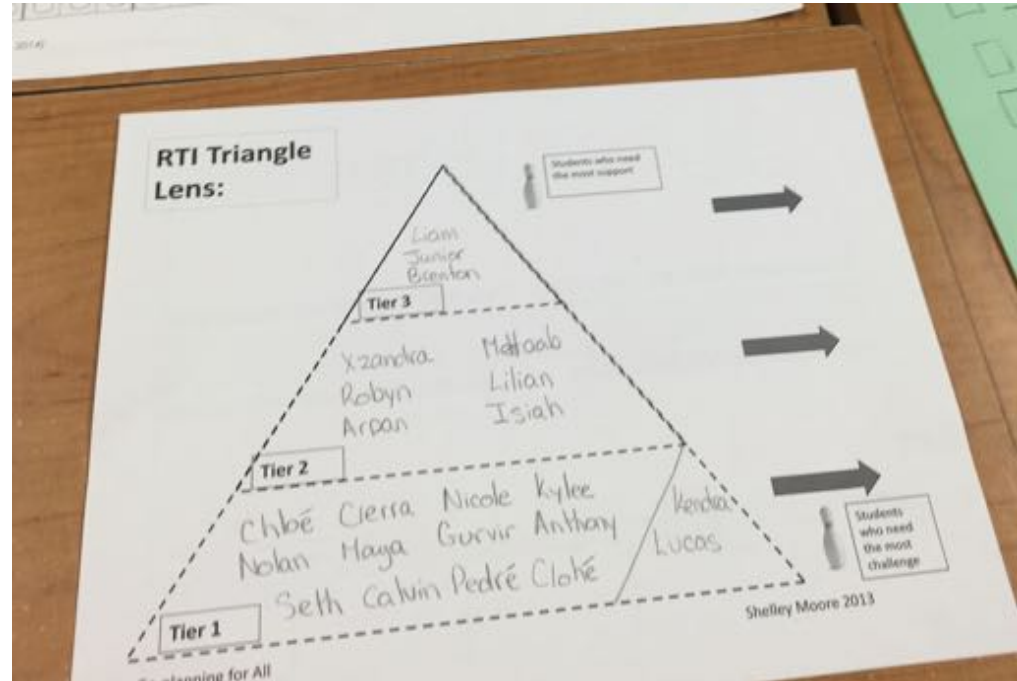
Butler, Schnellert, & Perry

## **SRL Promoting Practices**

- Providing Structure
- Giving students influence
- Supporting, scaffolding, co-regulating
- Modeling
- Creating a community of learners
- Accommodating individuals

# Class Profile

- Grade 1
- Diverse abilities including
  - Language
  - Physical disability
  - Non verbal
  - Autism
- Background knowledge
  - Rural area/ farming
- No additional staffing
- 2 lessons



# Lesson 1

- Topic: Farming Fun
- Lesson 1: Provocations about farming
  - A Reggio approach – giving kids an opportunity to think about, ask questions, be creative, investigate a topic and/or idea
  - Provides an invitation for exploration and expression
  - Presented as a set of stations that students could choose from

# Lesson 1: Connect

## Picture Set



# Lesson 1: Process

Teaching to the range  
(Planning Pyramid)

Station walk to understand the task

- Station 1 (ALL)
  - Farm animal craft
- Choice of 1 more station (MOST)
- Choice of 1 or more station (FEW)

Other Station options

- Farm free play
- Farm picture books
- Farm read aloud/ SMART board activity

# Lesson 1: Transform

Partner talk

Prompt: What kind of animals would you like on your farm?

# Lesson 2

- Topic: Farming Fun
- Lesson 1: Writing about farming
  - Writing based on their prior knowledge OR
  - Writing about their explorations and experience through the provocations activity

# Lesson 2: Connect

Review co-constructed criteria for writing

name: \_\_\_\_\_

|                              |                                     |                             |
|------------------------------|-------------------------------------|-----------------------------|
| Yes <input type="checkbox"/> | <u>Capital Aa + period.</u>         | No <input type="checkbox"/> |
| <input type="checkbox"/>     | <u>neat printing + finger space</u> | <input type="checkbox"/>    |
| <input type="checkbox"/>     | <u>3 or more sentences</u>          | <input type="checkbox"/>    |
| <input type="checkbox"/>     | <u>word bank words</u>              | <input type="checkbox"/>    |
| <input type="checkbox"/>     | <u>conversation</u>                 | <input type="checkbox"/>    |

# Lesson 2: Process

Teaching to the range  
(Planning Pyramid)

- Writing (ALL)
  - Draw an animal on your farm
  - Write a topic sentence about your farm
- Writing (ALL + MOST)
  - Write sentences about your farm
- Writing (ALL + MOST + FEW)
  - Include a conversation in your sentences

# Lesson 2: Transform

Review your writing with a peer using the class criteria

# Lesson Supports

(Designed for some – available for all)

## Provocation

- Build background knowledge & experience

## Choice

- Station, space, text, craft, who to work with

## Multiple Access/Exit points

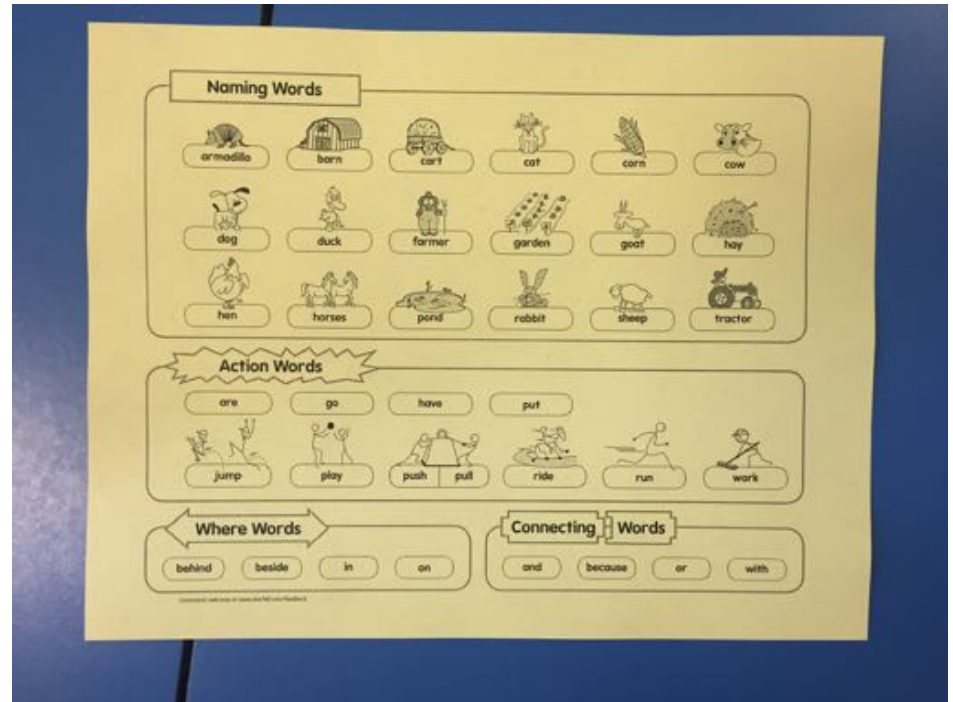
- Range of goals for each activity (ALL/MOST/FEW)

## Referencing supports

- Exemplars, word/picture bank, sentence starter
- Peer modeling

## Conferencing

- Goal based individual/small group



# Formative Assessment

**Dot Chart**  
This score for each subject reflects what is Fully Meeting Expectations, with the total possible score indicated in brackets.

Date: \_\_\_\_\_ Colour code: ☐ Green ☐ Yellow ☐ Red ☐ Blue ☐ Black

| Writing<br>3rd term | Student name | Chloe | Nolan | Xzandria | Robyn | Cicun | Arpan | Hoffman | Maya | Alexis | Nicole | Lillian | Gurav | Kyle | Anthony | Liam | Seth | Cahin | Zarah | Kendra | Pedre | Clodie | Kimber | Junior | Brenton |
|---------------------|--------------|-------|-------|----------|-------|-------|-------|---------|------|--------|--------|---------|-------|------|---------|------|------|-------|-------|--------|-------|--------|--------|--------|---------|
| 1 Pizza 2           |              | ●     | ●     | ●        | ●     | ●     | ●     | ●       | ●    | ●      | ●      | ●       | ●     | ●    | ●       | ●    | ●    | ●     | ●     | ●      | ●     | ●      | ●      | ●      | ●       |
| 2 Plant 3           |              | ●     | ●     | ●        | ●     | ●     | ●     | ●       | ●    | ●      | ●      | ●       | ●     | ●    | ●       | ●    | ●    | ●     | ●     | ●      | ●     | ●      | ●      | ●      | ●       |
| 3 Cake 1            |              | ●     | ●     | ●        | ●     | ●     | ●     | ●       | ●    | ●      | ●      | ●       | ●     | ●    | ●       | ●    | ●    | ●     | ●     | ●      | ●     | ●      | ●      | ●      | ●       |
| 4                   |              | ○     | ○     | ○        | ○     | ○     | ○     | ○       | ○    | ○      | ○      | ○       | ○     | ○    | ○       | ○    | ○    | ○     | ○     | ○      | ○     | ○      | ○      | ○      | ○       |
| 5                   |              | ○     | ○     | ○        | ○     | ○     | ○     | ○       | ○    | ○      | ○      | ○       | ○     | ○    | ○       | ○    | ○    | ○     | ○     | ○      | ○     | ○      | ○      | ○      | ○       |
| 6                   |              | ○     | ○     | ○        | ○     | ○     | ○     | ○       | ○    | ○      | ○      | ○       | ○     | ○    | ○       | ○    | ○    | ○     | ○     | ○      | ○     | ○      | ○      | ○      | ○       |
| 7                   |              | ○     | ○     | ○        | ○     | ○     | ○     | ○       | ○    | ○      | ○      | ○       | ○     | ○    | ○       | ○    | ○    | ○     | ○     | ○      | ○     | ○      | ○      | ○      | ○       |
| 8                   |              | ○     | ○     | ○        | ○     | ○     | ○     | ○       | ○    | ○      | ○      | ○       | ○     | ○    | ○       | ○    | ○    | ○     | ○     | ○      | ○     | ○      | ○      | ○      | ○       |
| 9                   |              | ○     | ○     | ○        | ○     | ○     | ○     | ○       | ○    | ○      | ○      | ○       | ○     | ○    | ○       | ○    | ○    | ○     | ○     | ○      | ○     | ○      | ○      | ○      | ○       |
| 10                  |              | ○     | ○     | ○        | ○     | ○     | ○     | ○       | ○    | ○      | ○      | ○       | ○     | ○    | ○       | ○    | ○    | ○     | ○     | ○      | ○     | ○      | ○      | ○      | ○       |
| 11                  |              | ○     | ○     | ○        | ○     | ○     | ○     | ○       | ○    | ○      | ○      | ○       | ○     | ○    | ○       | ○    | ○    | ○     | ○     | ○      | ○     | ○      | ○      | ○      | ○       |

SD #53 2015 (adapted from SD#22, 2013 SD#67, 2014)

# Small Group Activity

Consider this last example

How does this foster empowerment?

How is SRL both required and supported?

How is this inclusion?



# Stretch Break!



# Better Together

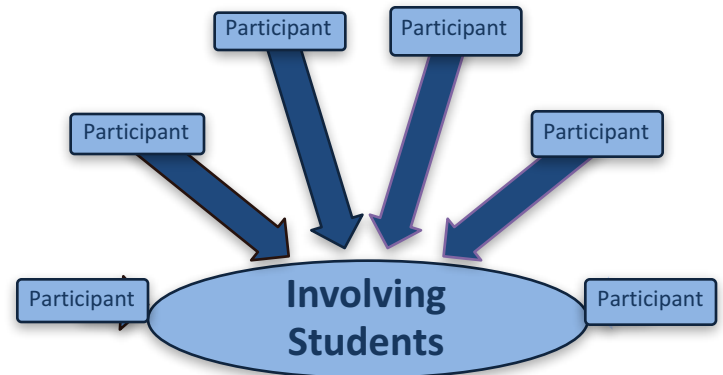
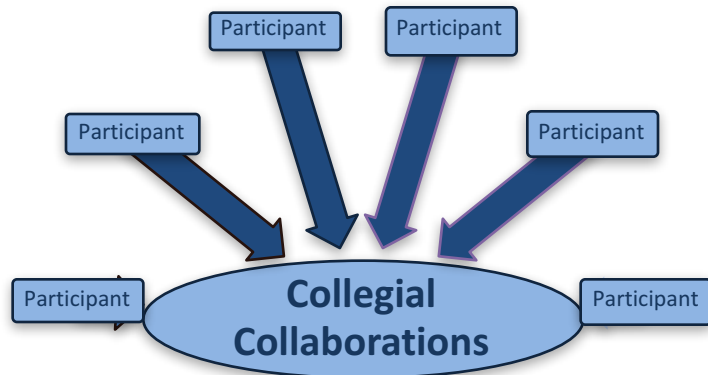
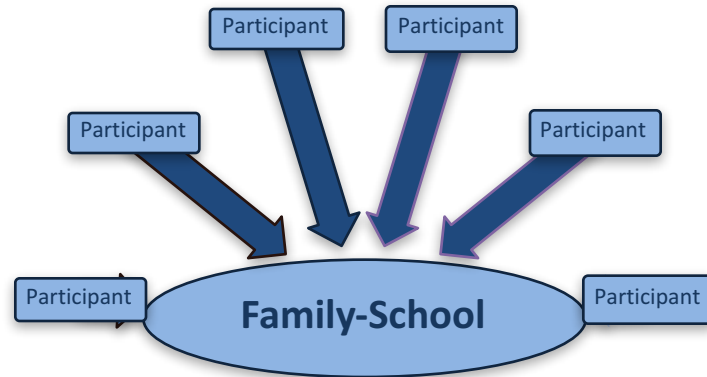


Let's imagine the possibilities ...

# Working Together to Support SRL: Activity

Soon you will break into  
groups around a focus

To spark discussion, we  
offer some inspirational  
examples...



# Collegial Collaborations



# Example: Reena's Classroom

How did Shelley,  
Reena, and an EA  
work together to build  
supports for Joshua in  
an inclusive  
classroom?

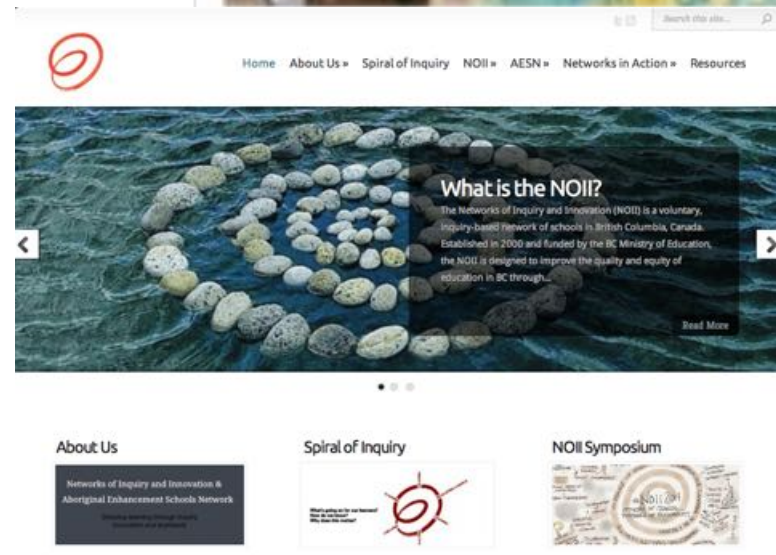
# Collaborative Inquiry for SRL

Supports teachers' professional learning and practice development in ways that can...

Mobilize energies to achieve meaningful change

Create sustained attention to practice development

Build from teachers' sense of agency and professional responsibility



Butler & Schnellert (2012), Butler, Schenllert, & MacNeil (2015), Schnellert (2011)

# Working with Families



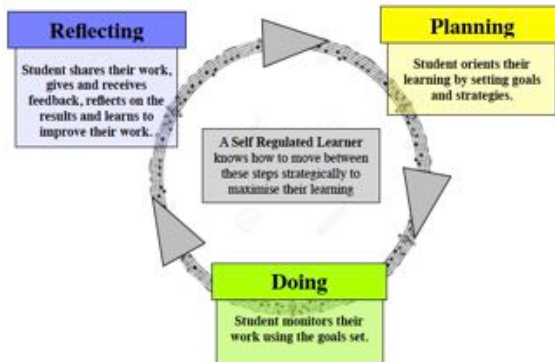
# Communicating with Parents



## SELF REGULATED LEARNING AT SJMA



At SJMA we are working hard to cultivate an environment that encourages our students to continually strive musically and grow in confidence personally. One way we have done this is by partnering with UBC to promote Self Regulated Learning (SRL). A Self Regulated Learner is a student who has developed a set of constructive attitudes and behaviours that help maximise their learning capability. There are three main steps in Self Regulated Learning: **Planning, Doing and Reflecting**.



At SJMA we call Self Regulated Learners **Practicing Musicians**. Over this next year we will be talking about what a Practicing Musician looks like at SJMA. Learning is most effective when we all work together to promote behaviours and strategies. We encourage you to partner with us to encourage your child to become a Practicing Musician. The other side of this sheet outlines some characteristics of Practicing Musicians.

## WHAT A PRACTICING MUSICIAN LOOKS LIKE AT SJMA:



# Collaborating with Parents

- How can we talk with parents about SRL?
- Children's learning stories
  - School stories
  - Stories from home



Shannon Bain, Baker Drive Elementary, Coquitlam

# Self-Regulation Stories

| Aspects of SR | Examples   | A Learning Story |
|---------------|--|------------------|
| Emotions      | <ol style="list-style-type: none"><li>1. Managing powerful emotions</li><li>2. Taking responsibility for emotional responses</li></ol>                                       |                  |
| Behaviours    | <ol style="list-style-type: none"><li>1. Using language to resolve conflicts</li><li>2. Waiting for a turn</li><li>3. Using a number of strategies to reach a goal</li></ol> |                  |
| Motivation    | <ol style="list-style-type: none"><li>1. Paying attention even when it's hard</li><li>2. Struggling through the hard parts to learn something new</li></ol>                  |                  |

Shannon Bain, Baker Drive Elementary, Coquitlam

# Self-Regulation Stories

**What learning is going on here?**

Child's viewpoint:

Family's viewpoint:

**What are the opportunities/possibilities for SR and SRL?**

Child's viewpoint:

Family's viewpoint:

# Including Students



# Student-Led Parent Conferences

Don't ask  
me, I'm just  
the teacher.

Ask me, I'm  
a grade 1  
expert!



Sylvia King, Hollyburn Elementary, West Vancouver

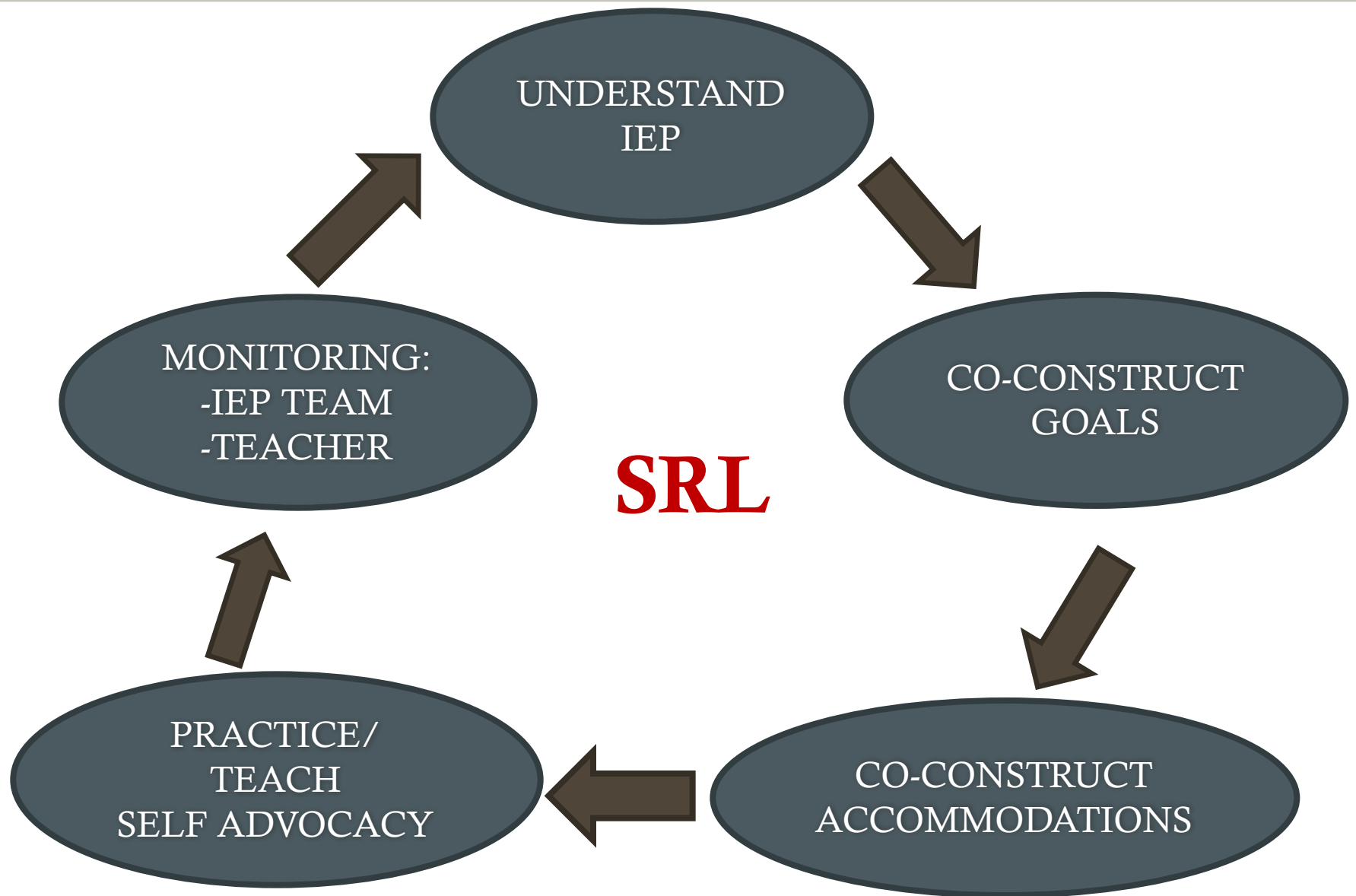
# Involving Students in the IEP Process

- *Why?*

- Supports students development of self-awareness, self-regulation, and self-determination.
- Students with a strong sense of self-determination and self-regulation:
  - Become good self-advocates.
  - Achieve higher life satisfaction and quality of life.
  - Increase achievement and participate more actively in school.



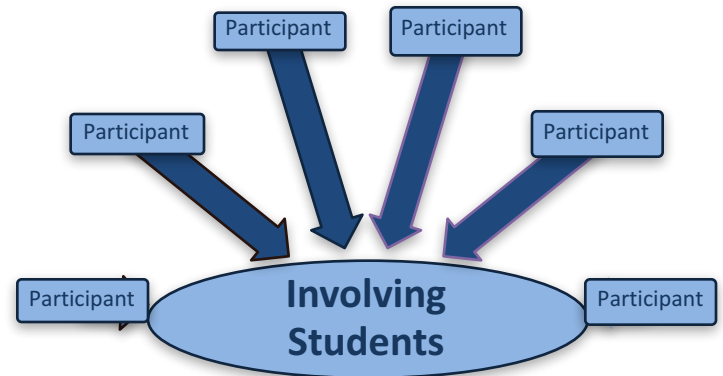
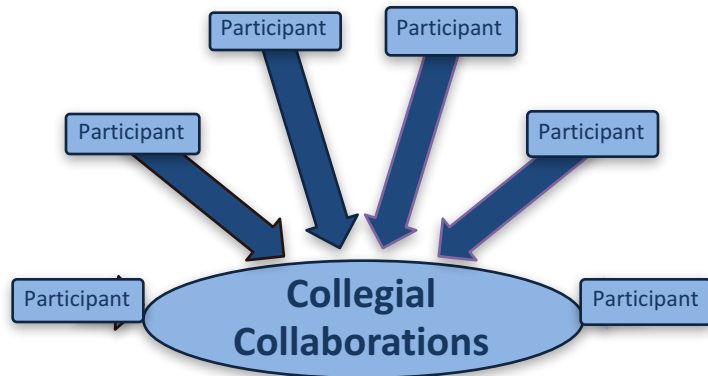
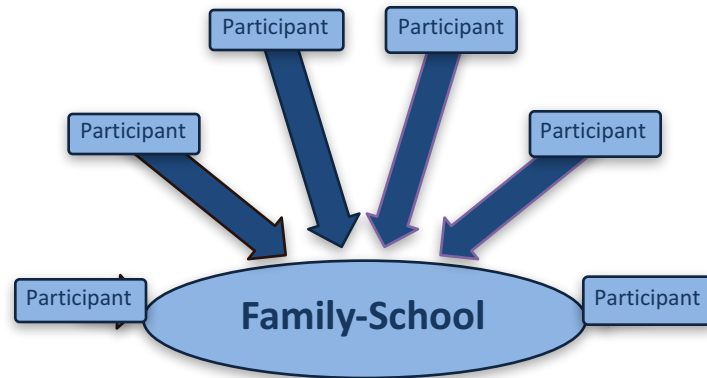
Margarita Endara, SPED Teacher, Ecuador



(Twachtman-Cullen & Twachtman-Basset, 2011)  
(Hart & Brehm, 2012)

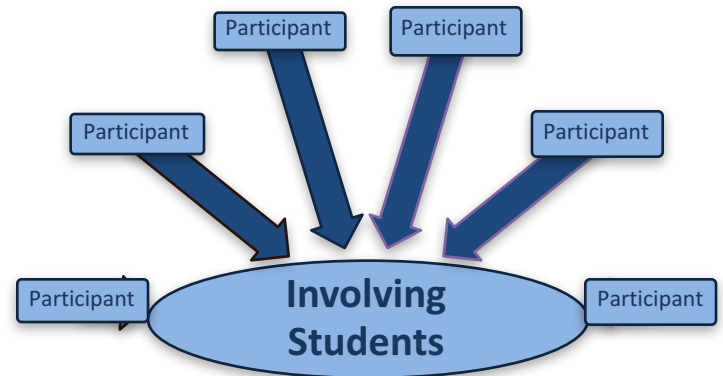
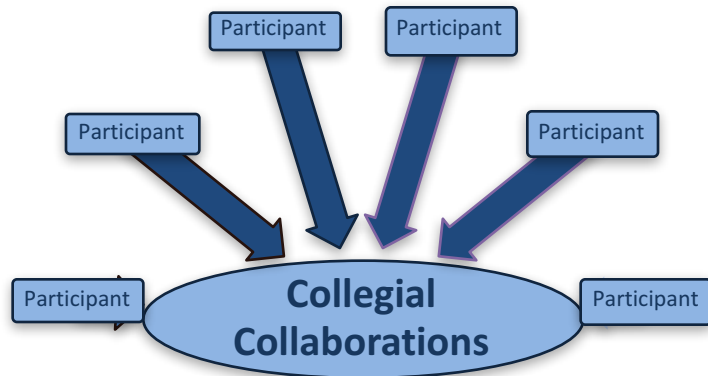
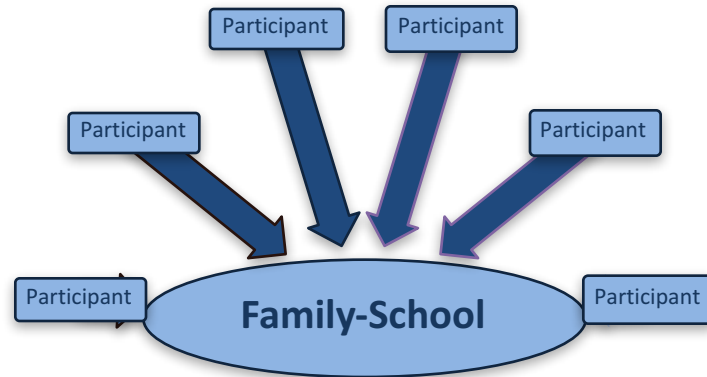
# Working Together to Support SRL: Activity

Break Into Groups  
Around a Focus  
Be Prepared to  
Share!



# Working Together to Support SRL: Activity

What did your  
group talk about,  
plan, create ...?



# What Will You Do?



# YOUR Questions?

What do you know and *what do you wonder* about self-regulation and/or self-regulated learning (SRL)?

Revisit your questions

Are you starting to find answers?

As you leave, take a moment to record ideas you want to take away

What more do you want to know?

What resources can we suggest?



# Upcoming Community-Based MEd Cohort Program on SRL

If interested, contact:  
[deborah.butler@ubc.ca](mailto:deborah.butler@ubc.ca)

<http://pdce.educ.ubc.ca/med-in-human-development-learning-and-culture-srl2/>

MASTER OF EDUCATION IN  
HUMAN DEVELOPMENT, LEARNING, and  
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## **DEVELOPING SELF-REGULATING LEARNERS IN THE CONTEXT OF BC'S NEW CURRICULUM**



DEPARTMENT OF EDUCATIONAL & COUNSELLING PSYCHOLOGY,  
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**LOWER MAINLAND COHORT PROGRAM**  
Begins January 2017

**[PDCE.EDUC.UBC.CA/SRL2](http://PDCE.EDUC.UBC.CA/SRL2)**

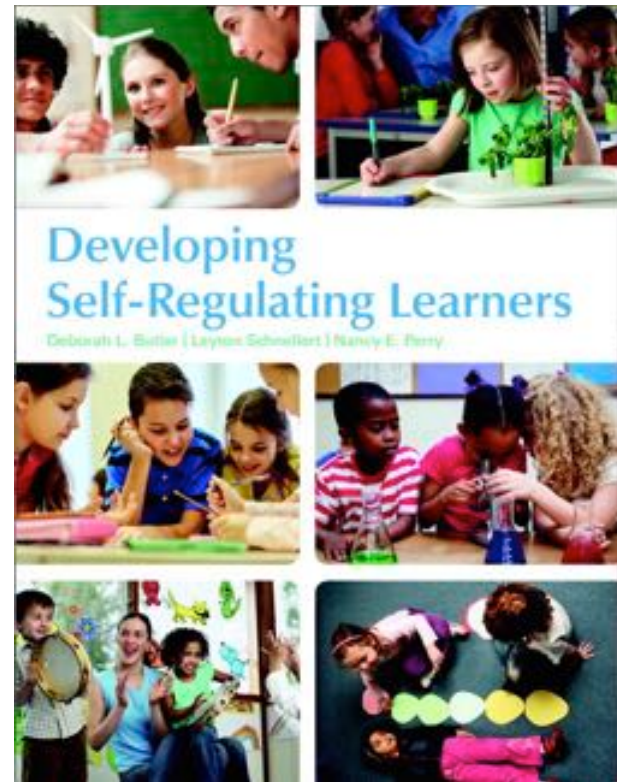
# Recommended Resource

Butler, D. L., Schnellert, L., & Perry, N. E. (2016). *Developing self-regulating learners*. Don Mills, ON: Pearson.

What We Have Provided:

Chapter One: What is SRL?

Chapter Two: Why is SRL Important?



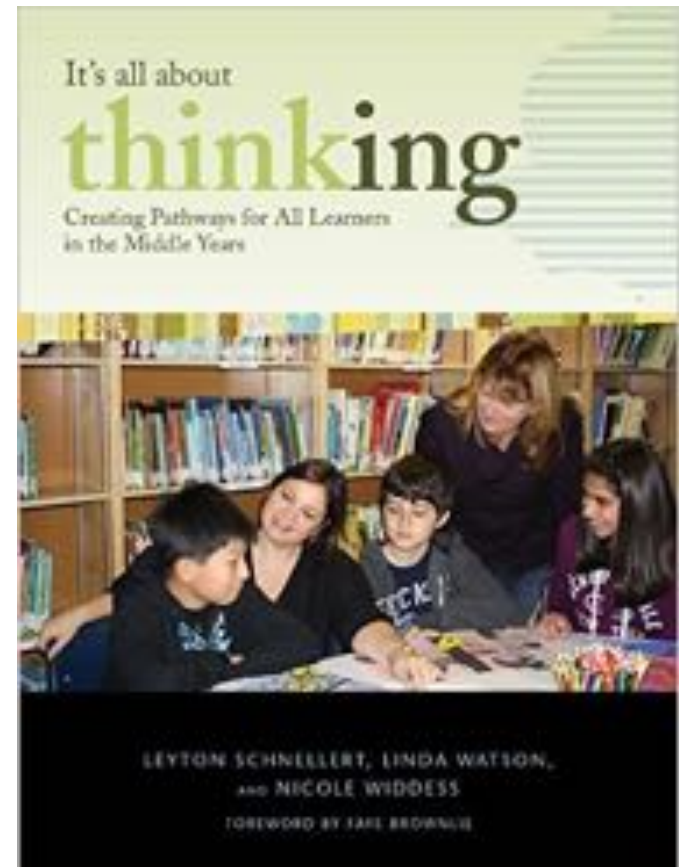
# Teachers Collaborating to Foster Active Learning for All

Schnellert, L., Watson, L., & N. Widdess (2015). *It's all about thinking: Building pathways for all learners in the middle years*. Portage and Main. Chapter One.

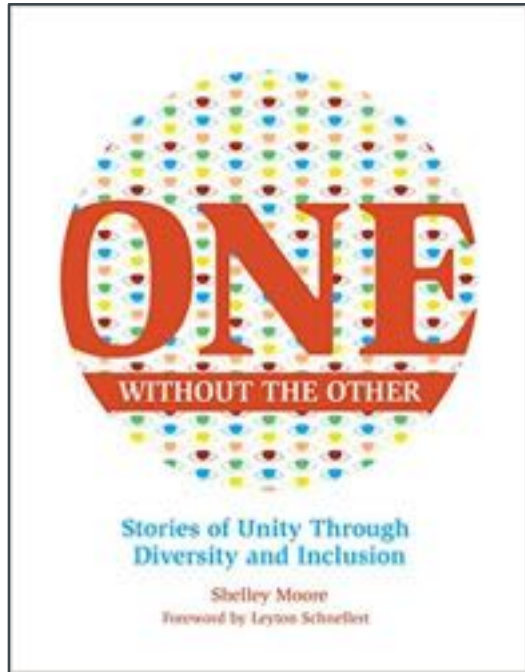
Brownlie, F., Fullerton, C., & Schnellert, L. (2011). *It's all about thinking: Collaborating to support all learners in mathematics and science*. Portage and Main. Chapter One.

Brownlie, F., & Schnellert, L. (2009). *It's all about thinking: Collaborating to support all learners in social studies, English, & humanities*. Portage and Main. Chapter One.

Schnellert, L., Datto, M., Ediger, K., & Panas, J. (2009). *Pulling together: Integrating inquiry, assessment, & instruction in today's English classroom*. Pembroke. Chapter One.



# SRL & Inclusion



Moore, S. (2016). *One without the other: Stories of unity through diversity and inclusion*. Portage & Main.

Brownlie, F., Feniak, C., & L. Schnellert (2006). *Student diversity*. Pembroke.



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# Enjoy the Rest of Your Summer!

